

### **Medicines and medical supplies:**

- Hemostatic drugs
- Israeli patches
- Catheters
- Turnstile tapes
- Tourniquet
- Thoracic decompression needles
- Seal patches (HALO)
- Non-woven plaster
- Adhesive strips
- Sterile wipes
- Individual first aid kits
- Nasopharyngeal tube
- Laryngeal tube
- Cricothyrotomy kit
- Tracheostomy kit
- Blood transfusion equipment
- 5 and 10 ml syringes
- Trauma scissors
- Disposable gloves
- Tranexamic acid
- Insulin novorapid
- Bandages
- Adrenaline
- Antipyretics

### **Military equipment:**

- Bulletproof vests level 4-6
- Bulletproof helmets
- Thermal cameras
- Backpacks / rucksacks / military bags
- Camouflage
- Tactical belts
- Boots
- Tactical sneakers
- Insulating mat/mat
- Shoe insoles
- AA and AAA batteries
- Metal tableware set
- Binoculars
- Sleeping bag
- Knee and elbow pads
- Shovels and picks
- Military walkie talkies (ex: Motorola)
- Tactical gloves
- Mobile phones
- Radio broadcasters
- Radio receivers
- Protective glasses
- Neck scarves

### **Other equipment for survival:**

- Generators
- Batteries
- Solar/infrared flashlights
- Tent heating devices
- Heaters
- Water heater
- Thermos
- Isothermal blankets

### **Personal hygiene material**

- Toothbrushes
- Toothpaste
- Pillow
- Compresses
- Adult/baby diapers
- Shower gel
- Soap bars
- Wipes
- Detergent
- Cotton

**Food:** (that doesn't need to be cooked, that doesn't come packaged in glass and that it's energetic)

- Tin can food
- Hermetically packaged
- Powdered milk for babies
- Pet food
- Coffee/soluble coffee
- Chocolate
- Cookies
- Nuts
- Energy bars

### **Adult and children's clothing:**

- Thermal clothing
- Socks
- Thermal shirts
- Thermal underwear
- Dark hats
- Military boots
- Polar shirts
- Rubber gloves